
The 73rd General Assembly and International Scientific Congress

“BALNEOLOGY IN CHANGING SOCIETIES”

Multilateral approach to health care and well-being

A NEW AGE FOR THE HISTORICAL MEDICAL SCIENTIFIC ASSOCIATION OF ITALIAN THERMALISM



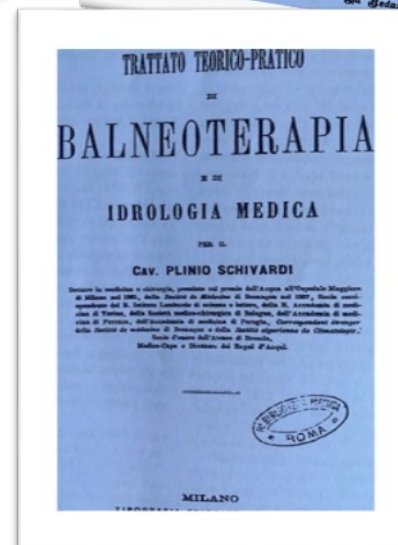
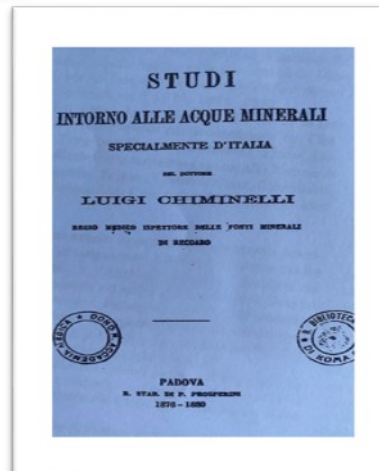
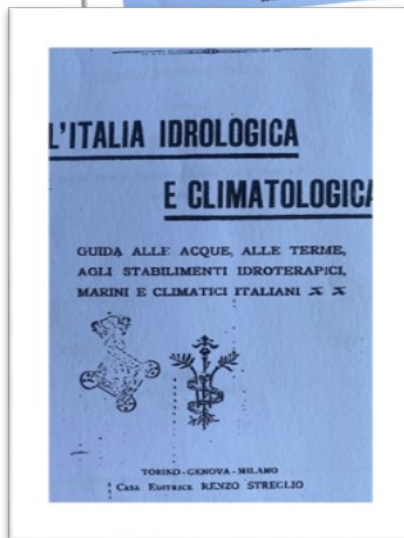
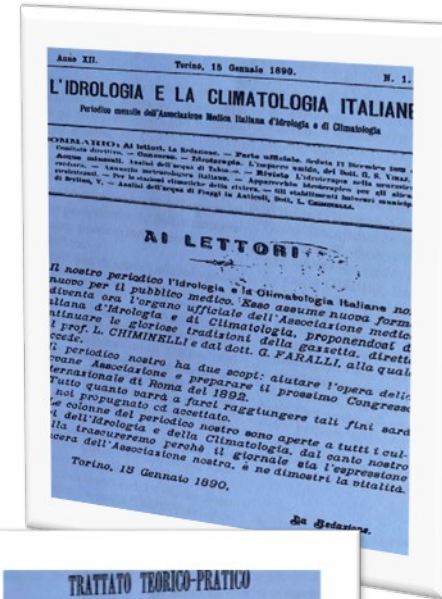
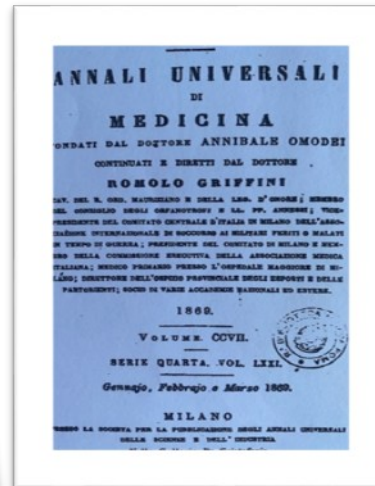
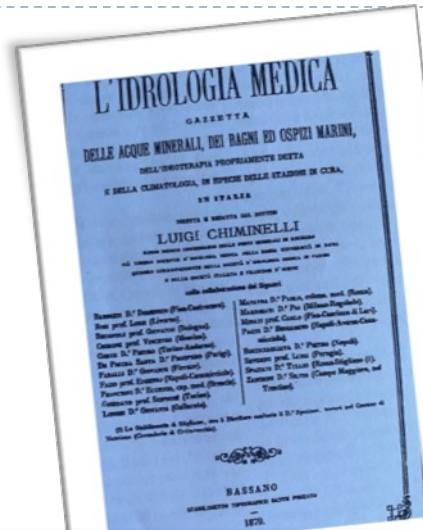
the real enhancement of tradition
and a convinced openness to innovation
are the future of thermalism

solid foundations are necessary
for development
and we have a great medical-scientific tradition
from which we must start

but the future is today

in our evolving complex society the demand for health has profoundly changed
the world of thermalism has all the potential to respond to new requests





Italian medical scientific production in the second half of the 1800

- ▶ “Delle acque minerali d’Italia e delle applicazioni terapeutiche” G. Garelli , 1864
- ▶ “Guida alle acque minerali d’Italia (province centrali e meridionali)” G.Jervis, 1868
- ▶ “Monografia delle acque minerali italiane” A. Maestri , 1869
- ▶ “ Guida alle acque minerali ed ai bagni d’Italia” P. Schivardi 1869
- ▶ “Trattato di balneologia e di idrologia medica “ S. Vinaj 1898
- ▶ “Trattato di balneoterapia e di idrologia medica “ P. Schivardi 1875
- ▶ “Vademecum di idrologia medica ad uso degli studenti e medici pratici” P.Schivardi 1876
- ▶ “Geografia Medica dell’Italia , le acque minerali” L. Marieni 1870
- ▶ «Prime istituzioni di idrologia medica» R. Maturi 1882
- ▶ «Studi sulle acque minerali d’Italia» P.Chiminelli 1880
- ▶ « Annuario di climatologia e di idrologia medica» P. Chiminelli 1878
- ▶ Medical scientific journal : «idrologia e climatologia medica» , «rivista idrogeologica» « annali di medicina pubblica , igiene ed idrologia»



BOLOGNA , 10 october 1888

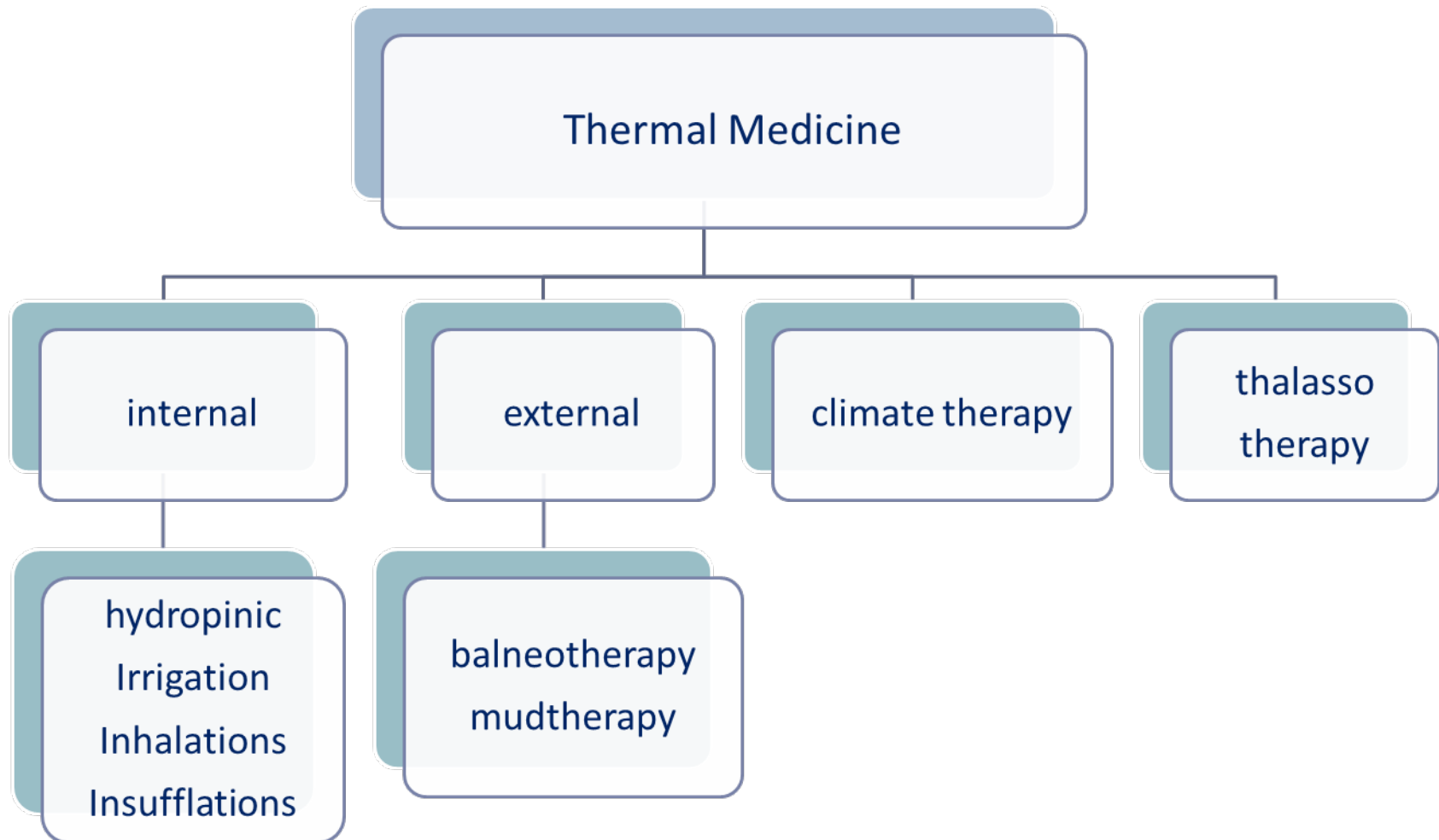
First national congress of the Italian Medical
Association of Hydrology and Climatology



At the end of the congress THE ITALIAN
MEDICAL ASSOCIATION OF HYDROLOGY
THALASSOLOGY AND PHYSICAL THERAPY

A.M.I.I.T.T.F

is officially born



- PREVENTIVE MEDICINE : secondary and tertiary prevention
- THE CARE : complementary and sequential action (the thermal phase)
- REHABILITATION : thermal rehabilitation, hydrokinesitherapy

efficacy and medical scientific validation

Obviously the world and society have profoundly changed, even medical science and practical medicine . The bases , while renewing themselves over time, remain

AMIITTF was founded with the aim of promoting scientific research, the spread of the culture of thermalism and the continuous training of thermal Doctors

During this very long period, the Association contributed in an important way to the development of Italian thermalism,

Frequent congresses are held, books and scientific magazines are published

University Professors, Health Directors and Thermal Doctors from all over Italy have been and are members of AMIITTF

in September of this year the 67th congress was celebrated in the town of Casciana Terme

organized in partnership with Pisa University , Master in Medical Hydrology and Thermal Medicine

37 Speakers and Moderators of national and international fame

92 Participants from all over Italy



- Scientific research : further validation of traditional indications and specific studies for new indications
- Partnership whit Universities
- Training of Thermal Doctors and Thermal Operators
- Relations with general practitioners and pediatricians
- Relations with patient associations
- Relations with the national health system
- Relations with insurance companies
- New communication strategies

It is necessary to increase the medical-scientific validation of the effectiveness of thermal treatments for traditional and new indications.

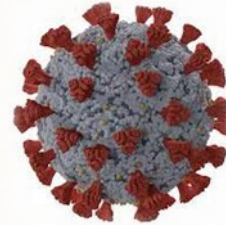
one of the most frequent criticisms of thermal medicine is the lack of quantity and quality of scientific studies

it is a very complex problem that has many causes

since its constitution AMIITTF has aimed to support scientific medical research .

From next year we will establish an award for an original scientific study in thermal medicine

post covid and long covid



post cancer



multifactorial pathologies



sports medicine



aesthetic medicine anti-aging medicine

wellness medicine: thermal wellness



AMIITTF is a partner
of Pisa University
for the management of the master
in thermal medicine
and medical hydrology.

Contacts have already been established
with Pavia University and
we hope to collaborate with
other universities

Relations with Regional Administrations
for the professional training of operators



General Practitioners and Pediatricians are very important in recommending thermal treatments. They are generally the first to be involved and have frequent contact with their Patients

Targeted information, participation in meetings and refresher courses where the validity of thermal treatments and wellness treatments for the health of their Patients is demonstrated

AMIITTF had a first meeting with the Health Councilor of the Tuscany Region for a partnership :

- to include the teaching of thermal medicine in the training course of general practitioners
- to include thermal medicine in refresher courses for general practitioners



innovation is also taking up the tradition of publishing scientific medical journals

after a few years of stop the historyc LA CLINICA TERMALE is reborn and is called LA NUOVA CLINICA TERMALE

LA NUOVA CLINICA TERMALE, published by AMIITTF, is currently the only Italian scientific medical journal of thermal medicine

EVEN THE JAPANESE MACAKI KNOW
THE QUALITIES OF THERMAL WATER



THANKS FOR YOUR ATTENTION