



FEMTEC

WORLD FEDERATION OF HYDROTHERAPY AND CLIMATOTHERAPY
NGO IN OFFICIAL RELATION WITH WHO (WORLD HEALTH ORGANIZATION)

CONGRÈS SCIENTIFIQUE INTERNATIONAL OURENSE (GALICE, ESPAGNE)

26-29 OCTOBRE 2023

AUDITORIO AFUNDACIÓN ABANCA
« BALNÉOTHÉRAPIE DU FUTUR »

**Les défis émergents de la
Balnéothérapie au XXIe Siècle
pour répondre aux demandes
de la société moderne par la
convergence des professions de
la santé vers de nouvelles
approches de traitement.**

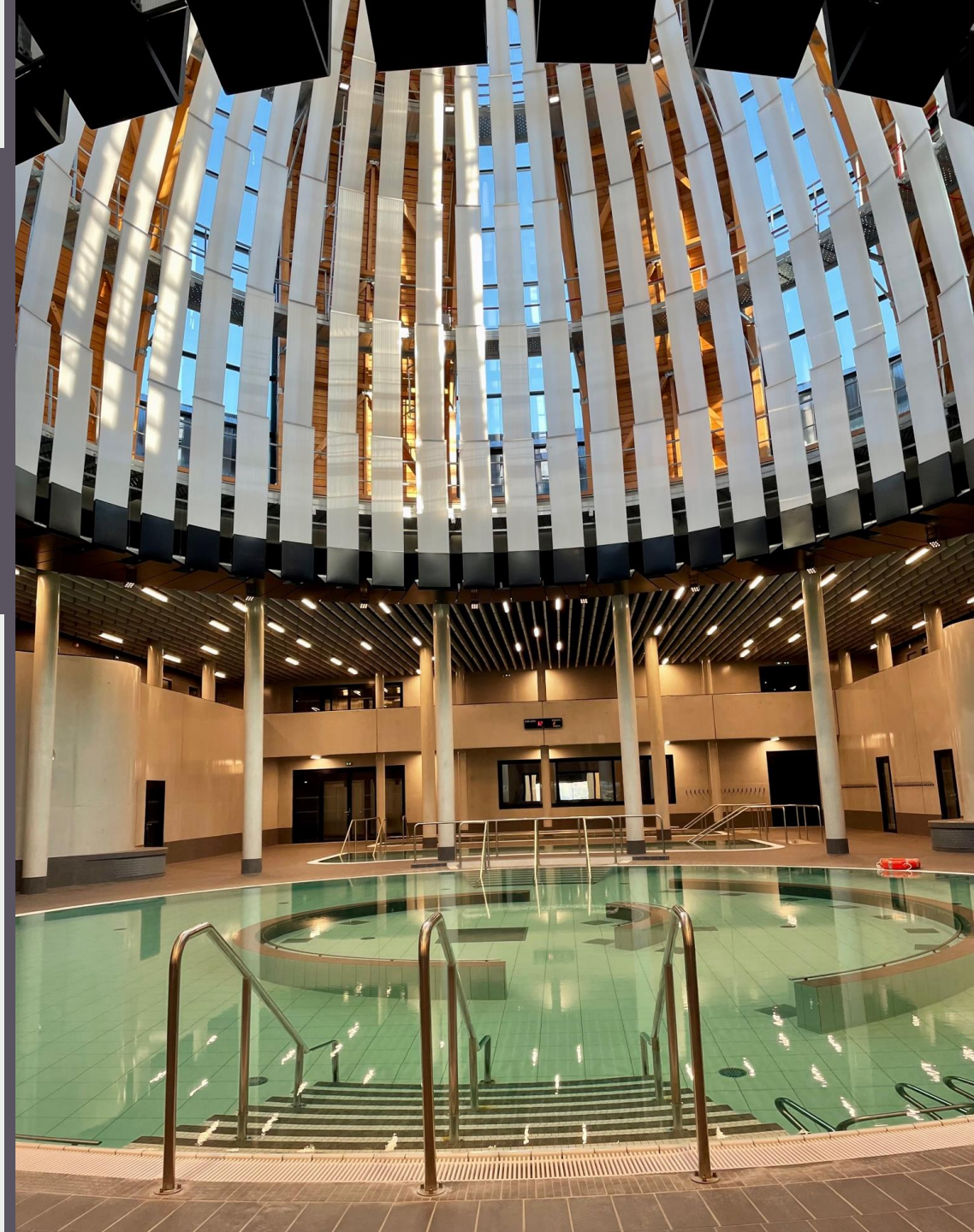


**PRESENTATION OF A PROJECTIVE VISION
FOR THE CARE OF THE 21ST CENTURY
CURIST: AN INNOVATIVE APPROACH
THROUGH THE USE OF NATURAL
MINERAL WATER IN AN INTEGRATIVE
COMBINATION OF PHYSIOTHERAPY AND
CRENOTHERAPY.**

Authors:

Marie-Catherine TALLOT

Jane Laure DANAN



Crenotherapy and physiotherapy must explore all avenues to offer an innovative and promising approach to 21st century therapists. The combination of natural mineral water with physiotherapy and crenotherapy offers a holistic proposal for health care, health promotion and prevention.

Marie-Catherine TALLOT – Masseur-Physiotherapist, President of the association "Les Amis du Thermalisme"

- Head of the Strategic Design and Planning Commission of FEMTEC (World Federation of Hydrotherapy and Climatotherapy) - President of the "French Society of Thermal Physiotherapy" - Member of the "French Society of Thermal Medicine" - Head of the Partnerships and Major Projects Commission at the "European Institute of Hydrotherapy".



However, this proactive vision of tomorrow's hydrotherapy necessarily implies a redefinition of the scope, roles and missions of its various actors, becoming one of the sine qua non conditions for the care of the patient of the future.

Jane-Laure DANAN – PhD, Director of the European Institute of Hydrotherapy, Honorary President of the European Federation of Nursing Teachers (Fine-Europe).



In hydrotherapy of the twenty-first century, crenotherapy combined with physiotherapy can play a more important role in prevention identifying and reducing the potential risks of aggravation and occurrence of injuries related:

- to musculoskeletal and orthopedic conditions such as osteoarthritis and rheumatic pathologies,
- the after-effects of damage related to osteoarticular trauma or its postoperative consequences,
- disorders related to central or peripheral neurological conditions and respiratory diseases.



8th University of Hydrotherapy



Theme : Interest of the management in medical hydrology of osteoarticular or musculotendinous pathologies and traumas in athletes: Crenotherapy – Physiotherapy – Hydrokinesitherapy

- The relevance of the care of the athlete in natural mineral water in a spa treatment establishment in rehabilitation, recovery, optimization, reathletization;
- The value of combining hydrothermal treatments, hydrokinesitherapy, rehabilitation, rehabilitation and crenotherapy;
- The contribution of the properties of natural mineral water, both chemical and physical, on the recovery and optimization of the athlete's performance.

Université du Thermalisme

OPTIMISER L'UTILISATION DE L'EAU MINERALE NATURELLE :
L' HYDROLOGIE MEDICALE ET LA CRENO-HYDRO-KINESITHERAPIE
DEUX PILIERS POUR REDUIRE LES MALADIES, LES ACCIDENTS ET LES HANDICAPS

9^{ème}



OPTIMIZE THE USE OF NATURAL MINERAL WATER:
BALNEOLOGY AND CRENO-HYDRO-KINESITHERAPY
TWO PILLARS TO REDUCE ILLNESS, ACCIDENTS AND DISABILITIES

9 NOVEMBRE 2023 / 09H00 – 17H00

En présentiel - Faculté de Médecine de Nancy
On line - En visioconférence

Definition of Prevention by the World Health Organization:

« All measures aimed at avoiding or reducing the number and severity illnesses, accidents and disabilities »

Définition de la Prévention par l'Organisation Mondiale de la Santé :

« L'ensemble des mesures visant à éviter ou réduire le nombre et la gravité des maladies, des accidents et des handicaps »

The theme of the next edition of the 9th University of Thermalism, on November 9, 2023. After a moment dedicated to the memory of Professor Umberto Solimène, President of FEMTEC, who passed away on July 15, 2023, we will confront our international views on the optimization of the use of natural mineral waters: Medical Hydrology and Creno-Hydro-Kinesitherapy, two pillars to reduce diseases, accidents and disabilities.

HEALTH PROFESSIONALS IN THE HYDROTHERAPY OF THE 21ST CENTURY REDEFINITION OF THE PERIMETERS OF FIELDS OF COMPETENCE

Laurent HENART

Lawyer,

President of the waterways of France,

Former Minister,

Mayor of Nancy from 2014 to 2020,

**Metropolitan Councillor Metropole du
Grand Nancy.**



Mr Laurent HENART



**Mid-Level Health Professions
Report Today's Professionals and
New Professions: Ways to Move
Forward**

**Authors: Laurent HENART, Yvon
BERLAND, Danielle CADET, Bernard
VERRIER, Elisabeth FERY-
LEMONNIER**

**Physiotherapy in spa
establishments: We need to think
about how to meet the
expectations of future spa-goers**

Comparison of an Innovative Rehabilitation, Combining Reduced Conventional Rehabilitation with Balneotherapy, and a Conventional Rehabilitation after Anterior Cruciate Ligament Reconstruction in Athletes

- **Authors: Philippe Perrin, Laetitia Peultier-Celli, Didier MAINARD. University of Lorraine and University Hospital of Nancy, France**

Philippe PERRIN

Philippe PERRIN, MD, Ph.D., professor at the University of Lorraine (Physiology and Balance Control) and physician in Oto-Laryngology at CHRU of Nancy (France).

Laetitia PEULTIER CELLI. Docteur en Sciences de la Vie et de la Santé

Didier MAINARD, PU-PHCE, HDR, Directeur du Pôle Biologie Médecine Santé

