



The Republic of Belarus

Health Resort Treatment

Dr. INNA PALUYANAVA

Minsk 2017



The Republic of Belarus:

high quality of medical service,
attractive climatic conditions,
the factor of safety,
reasonable prices.



Minsk is the capital of
the Republic of Belarus



In Belarus there are over 20 thousand rivers and lakes.

Forests cover 33 % of the country's area.



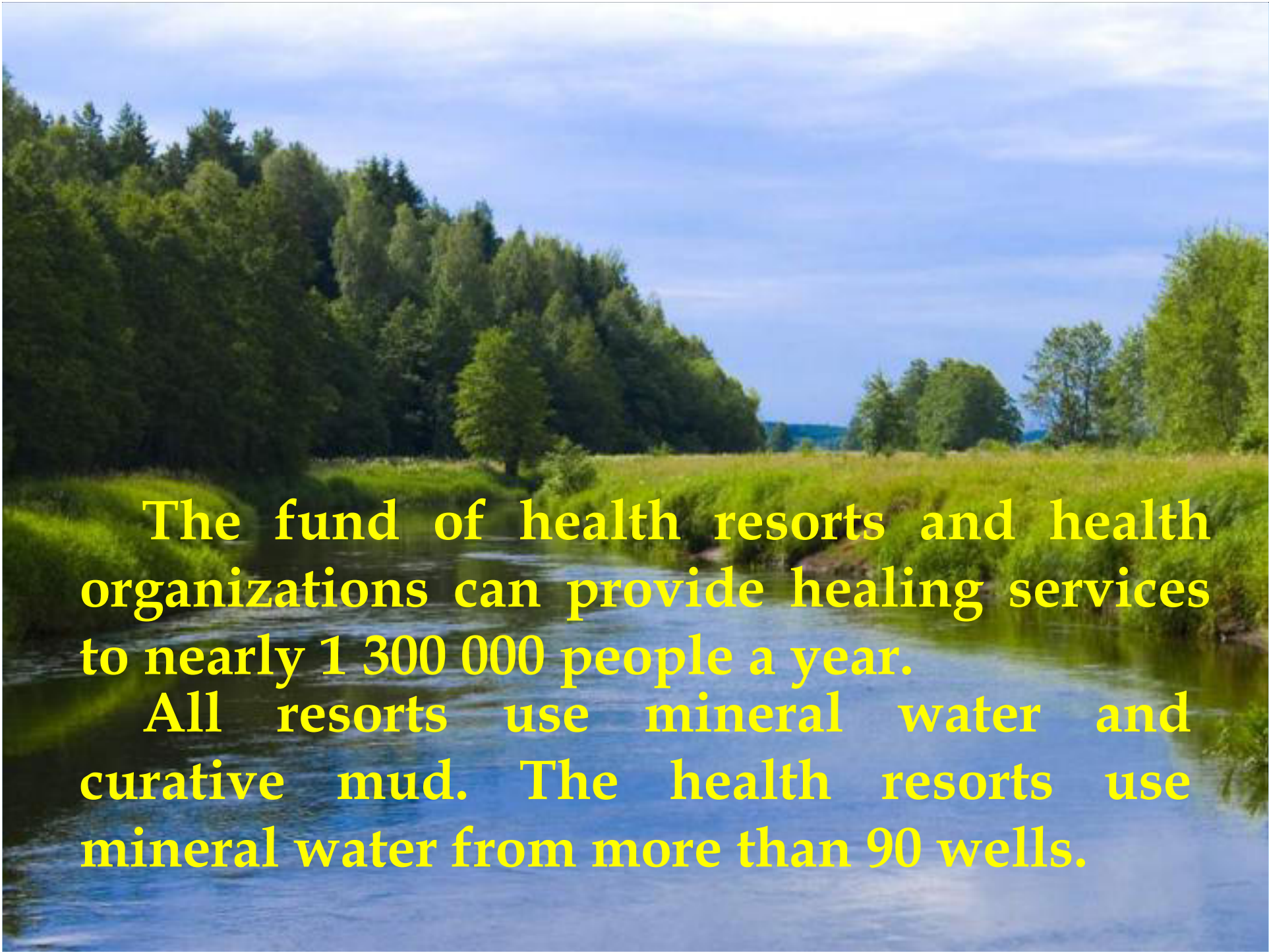
The Republican Centre for Health Resort Treatment is subordinated to the Government of the Republic of Belarus and realizes the state policy in the field of health resort treatment.



There are 320 recreation organizations in
Belarus:
113 health resorts
207 health organizations



All resort organizations are located in picturesque places of our country with unique natural curative factors.



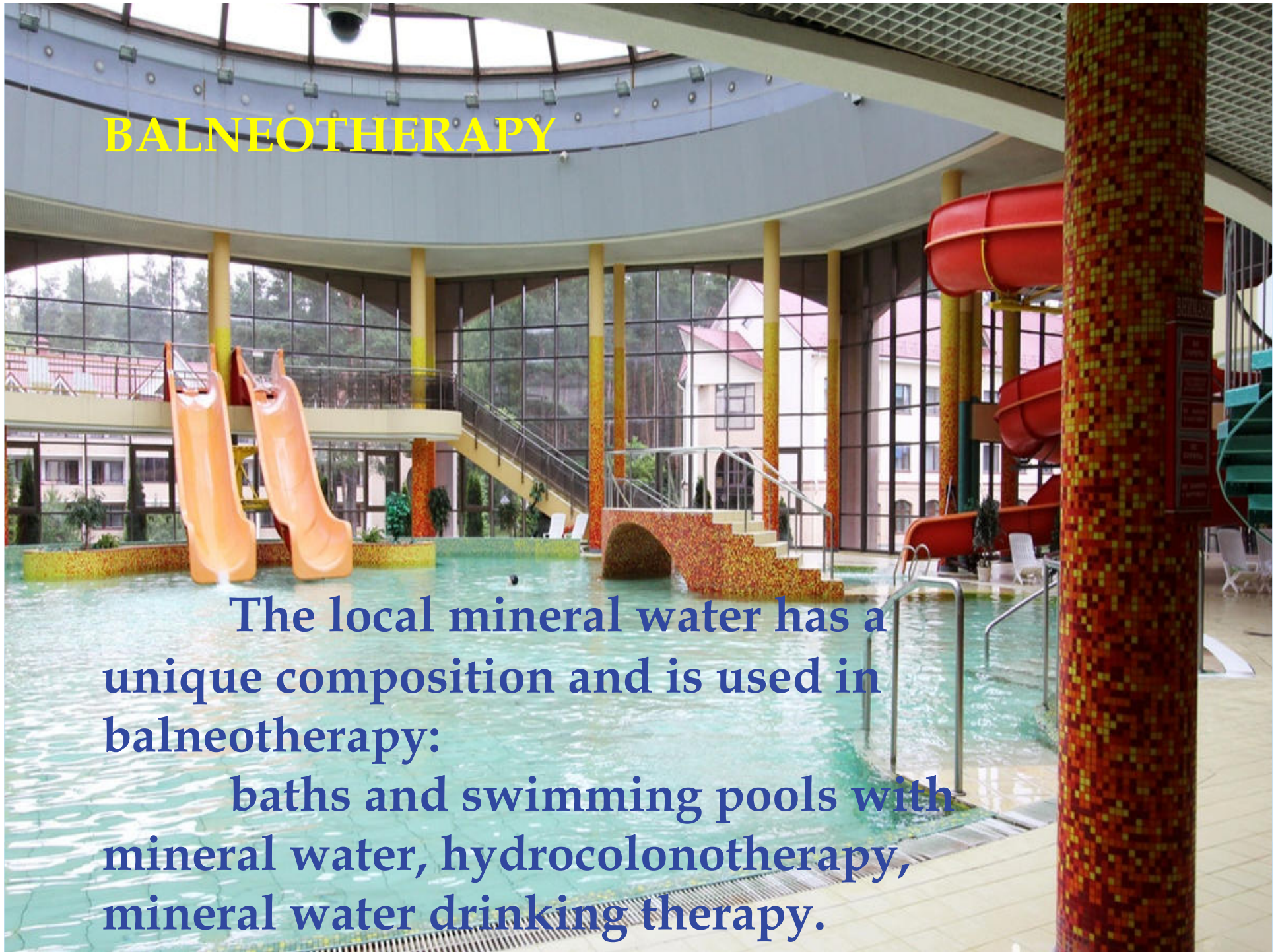
The fund of health resorts and health organizations can provide healing services to nearly 1 300 000 people a year.

All resorts use mineral water and curative mud. The health resorts use mineral water from more than 90 wells.

BALNEOTHERAPY

The local mineral water has a unique composition and is used in balneotherapy:

- baths and swimming pools with mineral water, hydrocolonotherapy, mineral water drinking therapy.



Mineral Waters of Belarus

Минеральные воды Беларуси

 — *источники
минеральной воды*



Mineral Waters of Belarus

214 deposits of mineral therapeutic underground waters were explored in our country.

The health resorts actively use the following types:

1. *high organic mineral water of low mineralization,*
2. *bromine and iodine-bromine waters,*
3. *radon water,*
4. *chloride-sodium mineral waters without specific active components of the chemical composition and physico-chemical properties.*



BALNEOTHERAPY



BALNEOTHERAPY



MUDTHERAPY

Currently in our country are widely used sapropels.

In the Republic of Belarus there are 39 reserved lakes rich in sapropelic mud and suitable to be used for therapeutic purposes.





The production of sapropelic therapeutic muds are organized on the lakes Dikoe (Grodno region), Sudobl (Minsk region), Svyatoe (Gomel region) and others.

MUDTHERAPY

A scenic landscape featuring a calm river or lake in the foreground, reflecting the sky. The background is filled with a dense forest of green trees under a bright blue sky with scattered white clouds. The overall atmosphere is peaceful and natural.

The organic substance of the sapropels contains the liquid and solid hydrocarbons, organic acids, alcohols, humic compounds with high biological activity.

The sapropels include different microelements.

The compositions of sapropel include aminoacids, vitamins, enzymes, antibiotics.



Mud therapy is applied in the form of:

- common mud baths
- mud baths with mineral water
- local mud applications
- mud tampons

Medical Equipment for Mud Therapy



MUD WRAPS



Medical Equipment for Mud Therapy in Gynecology



The Combination of Balneotherapy and Mudtherapy



Medical Equipment for Mud-bath Therapy



23 03 2017

Herbal therapy





Hirudotherapy

(the using of medical leeches for therapeutic purposes)



Speleoclimatoth



Amber therapy

Complex Approach

treatment
prevention
healthy food



Medicine ANTY-AGE

improving the quality and duration of life



Individual programs

detox
rejuvenation
anti-stress
anti-age



WELLNESS

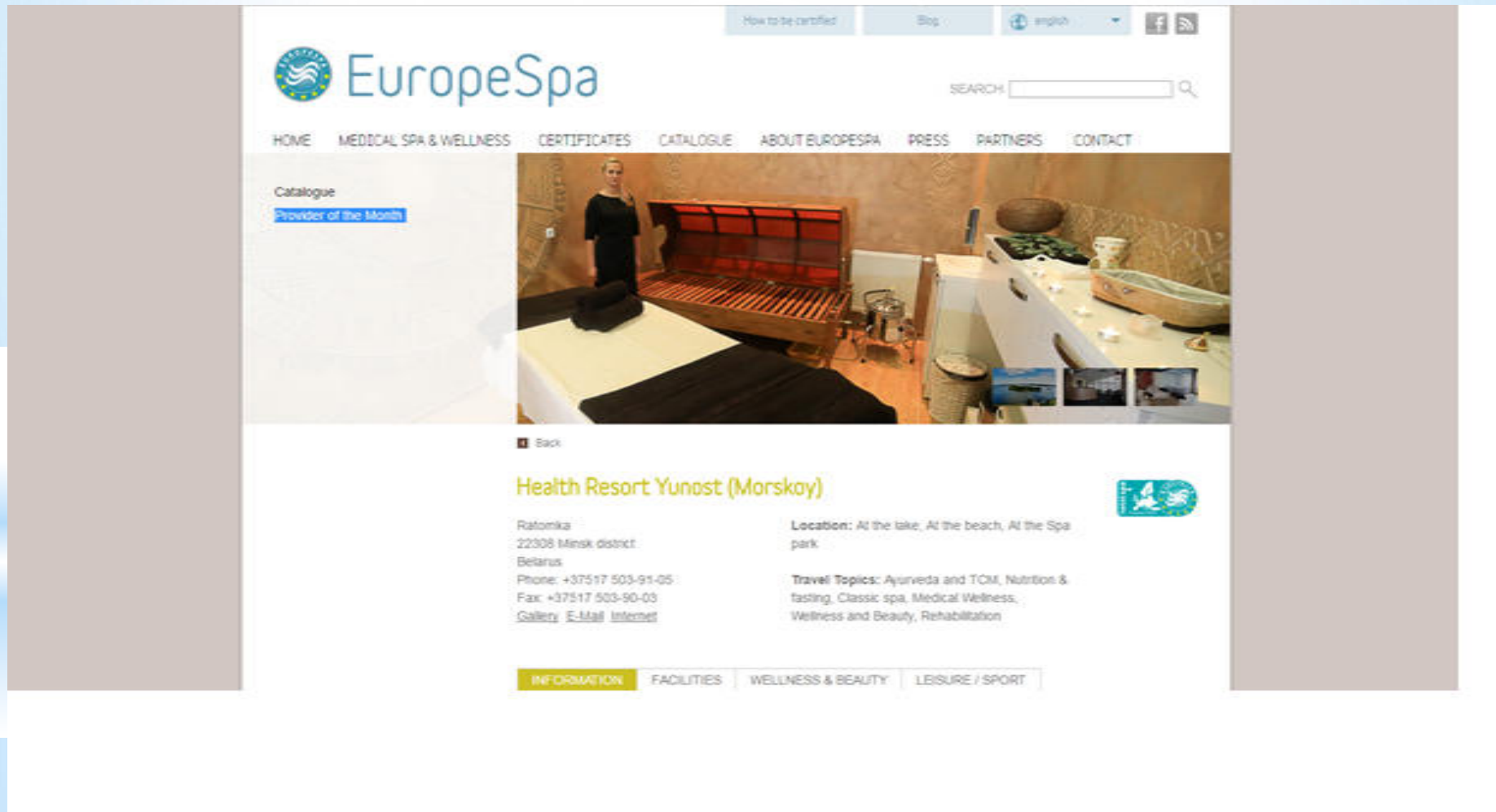
the megatrend of the 21st century
(be well)

Well – eat
Well – move
Well – sleep
Well – think
Well – feel
Well – live





The Republic of Belarus joined the European system of quality assessment



The screenshot displays the EuropeSpa website interface. At the top, there is a navigation bar with links for 'How to be certified', 'Blog', and a language selector set to 'english'. The EuropeSpa logo is prominently displayed on the left, accompanied by a search bar. Below the logo, a horizontal menu lists various sections: HOME, MEDICAL SPA & WELLNESS, CERTIFICATES, CATALOGUE, ABOUT EUROPESPA, PRESS, PARTNERS, and CONTACT. The main content area features a 'Catalogue' section with a 'Provider of the Month' highlight. This highlight includes a photograph of a woman in a spa setting and a detailed profile for 'Health Resort Yunost (Morskoy)'. The profile provides contact information for Ratomka, Belarus, including phone and fax numbers, and lists various wellness services offered. A bottom navigation bar contains tabs for INFORMATION, FACILITIES, WELLNESS & BEAUTY, and LEISURE / SPORT.

How to be certified Blog english

EuropeSpa SEARCH

HOME MEDICAL SPA & WELLNESS CERTIFICATES CATALOGUE ABOUT EUROPESPA PRESS PARTNERS CONTACT

Catalogue
Provider of the Month



[Back](#)

Health Resort Yunost (Morskoy)

Ratomka
22308 Minsk district
Belarus
Phone: +37517 503-91-05
Fax: +37517 503-90-00
[Gallery](#) [E-Mail](#) [Internet](#)

Location: At the lake, At the beach, At the Spa park

Travel Topics: Ayurveda and TCM, Nutrition & fasting, Classic spa, Medical Wellness, Wellness and Beauty, Rehabilitation

INFORMATION FACILITIES WELLNESS & BEAUTY LEISURE / SPORT



YUNOST



SPA CENTRE

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YUNOST



SPA AlfaRadon



SPA AlfaRadon



SPA AlfaRadon



SPA AlfaRadon



A landscape photograph showing a vast green field in the foreground, a dense line of trees in the middle ground, and a bright blue sky filled with large, white, fluffy clouds. The text is overlaid on the lower half of the image.

**The treatment in our resorts is
a combination of natural curative factors
and innovative treatment technologies.**

There is a 5-day visa-free entry for citizens from 80 countries of the world in Belarus.



I invite you to visit our beautiful country!





*THANK YOU FOR
YOUR
ATTENTION*