



FEDERATION MONDIALE DU THERMALISME ET DU CLIMATISMEWELTVERBAND  
FÜR BALNEOLOGIE UNDKLIMATOLOGIE  
ВСЕМИРНАЯФ Е Д Е Р А Ц И Я ВОДОЛЕЧЕНИЯИКЛИМАТОЛЕЧЕНИЯ  
WORLD FEDERATION OFHYDROTHERAPY AND CLIMATOTHERAPY  
FEDERAZIONE MONDIALE DEL TERMALISMOE DELLA  
CLIMATOTERAPIAFEMTEC  
NongovernmentalOrganization acknowledged byW.H.O

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Milan, 23 December 2020

Dear Colleagues and Friends,

I hope that you and the family are well in these difficult historical moments that we are living.

I am pleased to inform you that the World Federation of Hydrotherapy and Climatotherapy, FEMTEC, continues its efforts to promote actions aimed at the international development of Balneology, Thermalism, Thalassotherapy, Spa, Integration of Health in Well-being.

This is why I have the pleasure of inviting you to participate in this important and necessary **"International Workshop on Wellbeing and Health"** that will be developed in collaboration with FEMTEC and international institutions to continue promoting the future of Wellbeing.It will be held in Havana from **June 28 to 30, 2021**

Our objective is to bring together the experts who are analyzing this priority sector with dedication, to offer strategies, innovative experiences adapted to current needs, exchanging issues of ethics, health, economy, training, tourism with will, desire and future action in this ambit. Resetting the world of wellness.

In the context of this event, we will inaugurate the first "International Chair in Health and Wellness Tourism" with dedicated lectures, which will allow students to start the first meeting and at the same time participate in plenary sessions, workshops, practical classes and exhibitions of the event.

The Pandemic will lead to important changes in trends in Health and Wellness Tourism where safe destinations will be sought, will bet on healthy, preventive and sustainable lifestyles, opening new opportunities to the sector, as well as recognition of balneology, thermal waters, Spa for the prevention and its influence on strengthening the immune system.

The wellness market will be ready for innovation and transformation once the pandemic is resolved. There is a real potential to create new strategies that should be used as ways to alleviate the financial burden of disease, so experts who give their opinion on what is on the way for the industry, will incentivize governments and companies to promote and invest in the wellness.

And obviously we will make these days unforgettable in a context of relaxation, reflection and enjoyment. I invite you to discover the simplicity, the resources and the beauty of uncontaminated natural environments, where we will remember the benefits of nature, the importance of regenerating water, natural foods and the richness of gathering together admiring the essentials and exchanging and working for the collective well-being.

Hoping to meet in this chosen "Wonder City", overcoming the difficult and complicated period we are living.

I wish you a 2021 in health and better for all

Best Greetings!

**Prof. UmbertoSolimenePresident of FEMTEC**

