



WELCOME TO BALNEOLOGYLEARN!

The first educational platform
entirely dedicated to Balneology,
Wellness, and Prevention.



Thank you for the patronage



WORLD
HYDROTHERMAL
ORGANIZATION

VIDEO LESSONS

*Prof. Marcus Coplin and Prof. Antonella Fioravanti,
with the distinguished patronage of
BANA (President M. Coplin),
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LES AMIS DU THERMALISME (President M.C. Tallot),
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present



BalneologyLearn – Video Lessons in Balneology, Balneotherapy and Wellness

Full text

BalneologyLearn is the first platform entirely dedicated to modern, rigorous, and accessible training in balneology.

A project with a clear mission: not to compete but to complement, enhancing what already exists with a shared language and common standards.

Why now?

Balneology is the discipline that studies mineral waters, muds, and peloids as therapeutic tools. Recognized by the **WHO** as a form of traditional and complementary medicine, it is based on solid scientific evidence as well as a millenary tradition.

Thermal treatments reduce pain, improve functionality, and above all enhance quality of life in many areas: musculoskeletal, vascular, dermatological, gastrointestinal, respiratory, metabolic, and neurological diseases.

Today, they are also applied in conditions such as obesity, stress, and sleep disorders.

A patient-centered approach.

Balneotherapy is non-invasive, sustainable, and holistic: it integrates physical, mental, and emotional health, promoting well-being at 360°.

The Platform

- Flexible video lessons, accessible anytime
- Modular training with micro-learning and a pay-per-lesson model
- International lecturers and experts
- Each course follows a clear structure: self-assessment test, video lesson (20–60 min), survey, and certificate of participation
- Extra content and supplementary materials when available

Topics

The topics are organized into:

- Basic information
- Methods and application techniques
- Operational protocols
- Clinical pathways across different specialties
- Balneotherapy rehabilitation
- Economic, social, and touristic aspects
- They range from the physico-chemical and microbiological composition of mineral waters and peloids, to their mechanisms of action and applications in rheumatology, dermatology, vascular diseases, upper airway conditions, and mental health disorders such as stress and sleep disturbances.

Target Audience

BALNEOLOGYLEARN is not just a training platform, but a true collaborative space designed for:

- Students and recent graduates
- Professionals wishing to deepen specific topics or approach balneology
- Thermal centers aiming to provide their staff with targeted, accessible scientific content
- Organizations and institutions interested in designing or co-designing customized training programs

Vision

BalneologyLearn aims to be a growth driver for thermal medicine:

short courses become a springboard toward master's programs, advanced training, and new development opportunities.

“Sharing knowledge, experience, and innovation to give balneology a global voice for the future.”

[Go to the website](https://www.balneologylearn.com/)

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HINTERACT SRL (Italy)
info@hinteract.it