



Nongovernmental Organization
In official Relation with World Health Organization (WHO)

**THE 69° GENERAL ASSEMBLY
AND
INTERNATIONAL SCIENTIFIC CONGRESS
OF THE WORLD FEDERATION OF HYDROTHERAPY AND CLIMATOTHERAPY
(FEMTEC)**



**“ENVIRONMENT, HEALTH RESORTS, TOURISM.
Drivers for a good quality of life and local development”**

**YEREVAN – JERMUK Thermal Center (Rep. of ARMENIA)
2nd - 8th October 2016**

First Invitation

The recent conference on climate change in Paris highlighted the possible significant increase in the incidence of diseases due to environmental changes, which may affect a variety of systems (respiratory, locomotor, and gastrointestinal) and millions of people, sometimes leading with fatal consequences (climate-l@lists.iisd.ca).

Moreover, the World Health Organization (www.who.int) implemented several workshops, whose outcome was a set of important scientific documents with annexed guidelines (http://www.who.int/healthinfo/sage/SAGE_Meeting_Dec2012_StoneA.pdf) concerning the evaluation of objective/ subjective wellbeing as related to the socioeconomic environment. Alongside these issues, a variety of forms of tourism aimed at health, experience, and awareness are being developed.

The Thermae and the relevant regions are, therefore, important players in this challenge, which can be considered as a major one for modern civilization, namely environmental, human, and personal development and sustainability.

Thermal medicine, an old therapy that is currently applied in advanced countries according to strict scientific criteria, is now involved in this process to its full right and offers its potential for prevention, care, and rehabilitation to millions of patients all around the world. A stay at a thermal station, if well managed and organized, allows to “review” and “adjust” one’s lifestyles, which are responsible for most active diseases.

The cultural and structural wealth of “thermal regions”, sometimes a true legacy of the past experienced through a modern approach, is a natural “soul medicine” complement, according to a modern interpretation of complex body systems and mind/body relations.

All the above involves multiple components and also represents an important factor for the socioeconomic development of thermal regions.

Environment, health resorts, and tourism are the pillars of a complex structure that may affect the quality of life both in health and economic terms. However, their harmonious development calls for analyses, evaluations, and practical proposals.

This is the purpose of the 69° Congress of FEMTEC, which will gather experts from all over the world to disclose new integrated development models to specialists and to the National Government Institutions in charge of health and territorial planning.


The Congress will take place in the Republic of Armenia (<https://it.wikipedia.org/wiki/Armeni>) and, more specifically, in its capital Yerevan and in the old thermal resort of Jermuk (www.jermukarmenia.com). Armenia is a land that boasts a very old history and culture, where modernity goes hand in hand with a sound and well-established tradition of appropriate lifestyles that also provide for the use of thermal resources in full respect of regional specificities. Armenia gets deep into your soul with its "people-friendly" pace and all its values, and will offer a starting point for proactive thinking on the development of thermal medicine.

For these reasons we envisage a long-term stay that provides for an all-inclusive package: landing in Yerevan, a busy cultural and professional agenda; transfer to the Congress venue in the thermal resort of Jermuk (2000 m above sea level), in a unique environmental setting.

The main scientific topics include:

- THERMAL BATHS and SPAs from the past to the future(from the Romans to Horizon 2020)
- Traditional Medicine, Research, Training, Economy, Human Anthropology, Health Food, Eco-social aspects, Health Tourism, and Climate Change
- Technologies and scientific know-how
- The evolution of Thermal Baths and Medical Holistic SPAs in the future with respect to the GLOBAL-LOCAL concept

FEMTEC President
Pr. Umberto Solimene



Secretariat:

simona.busato@libero.it (ita - eng)
natmo@mail.ru (rus - fra)

President:

umberto.solimene@unimi.it

**ALL THE INFORMATION ON THE
CONGRESS ARE REPORTED IN
THE FEMTEC WEBSITE**

www.femteconline.org

Congress venue:

Hyatt Place Jermuk
Jermuk
www.jermuk.place.hyatt.com

Hotel Accommodation:

Armenia Thermal Center
Jermuk
www.jermukarmenia.com

Total package (all inclusive*) as following preliminary program:

- ACCOMODATION IN SINGLE ROOM 945,00 EURO
- ACCOMODATION IN DOUBLE ROOM 790,00 EURO

**simultaneous translation (eng-rus), proceedings, awards, VAT*

For the companions (no participant at the Congress, but at program): **670,00 EURO**

For only the participation at the scientific sessions of Congress: **250,00 EURO**

Official travel Agency (booking and payment):

JUSTTRAVEL LTD, YEREVAN, ARMENIA
email: info@justtravel.am
www.justtravel.am

PRELIMINARY PROGRAM

Day 1	2nd October
18:00 - 19:30 20:00 - 22:00	Arrival of participants to Yerevan with different flights Transfers to Hotel "Caucasus" / "Cascade" Evening sightseeing tour in Yerevan Welcome dinner in the Restaurant of Carpet Factory "Megeryan" with participation of high officials from RA government. Music program - State Chamber Choir of Armenia "Hover". Overnight in Yerevan
Day 2	3rd October
08:30 - 09:30 10:00 - 13:00 13:00 - 14:30 15:30 - 17:00 17:15 - 19:00 19:00 - 19:30 19:30 - 20:00 20:00 - 22:30	Breakfast in hotel Tour to the spiritual capital of Armenia Echmiadzin city, Visit of Mother Cathedral, Church of St. Hripsime and Ruins of Zvartnots Temple Lunch Visit to Yerevan Brandy Factory, tour in the Museum and tasting of legendary Ararat brandies Erebuni Museum - Erebuni is the oldest city in Urartu, ruins of which are in Arin Berd hill in Yerevan. Erebuni is the ancestor of Yerevan. Transfer to Restaurant "Tsirani" - a unique restaurant situated in one of the picturesque apricot valleys in Kotayq region of Armenia. Many endemic sorts of Armenian fish are bred in the waters of lakes of the valley. Masterclass of baking Armenian bread "Lavash" Dinner in Tsirani Restaurant Overnight in Yerevan
Day 3	4th October
08:00 - 09:30 09:30 - 10:00 10:00 - 13:00 13:00 - 14:30 14:30 - 15:30 15:30 - 16:30 16:30 - 17:30 20:00 - 22:00	Breakfast in hotel Check-out from Yerevan hotel and transfer to Jermuk Trip to Noravank Monastery Lunch in local restaurant Tour in Noravank Monastery Trip to Jermuk Check-in in "Jermuk Armenia" hotel Dinner with the Mayor of Jermuk city Overnight in Jermuk
Day 4	5th October
07:30 - 08:30 08:30 - 09:30 09:30 - 10:15 10:15 - 10:30 10:30 - 11:00 11:00 - 13:30 13:30 - 14:30 14:30 - 17:00 17:00 - 19:00 19:00 - 20:00 20:00 - 22:00	Breakfast in hotel Congress registration Grand opening of 69th International Scientific Congress of FEMTEC Group photo Coffee break 1st scientific session Lunch in Armenia Hotel 2nd scientific session Free time Dinner in Armenia Hotel Overnight in Jermuk
Day 5	6th October
08:00 - 09:00 09:00 - 11:45 11:45 - 12:00 12:00 - 13:30 13:30 - 14:30 14:30 - 16:30 17:00 - 18:00 18:30 - 19:30 20:00 - 22:00	Breakfast in hotel 3rd scientific session Coffee break 4th scientific session Lunch in Armenia Hotel 5th scientific session and the meeting of the EXECUTIVE COMMITTEE (for members) GENERAL ASSEMBLY and awarding of participants Armenian herbal teas tasting with traditional Armenian sweets and desserts. Dinner in Armenia Hotel Overnight in Jermuk
Day 6	7th October
08:30 - 09:30 10:00 - 12:30 12:00 - 13:30 13:45 - 17:30 17:30 - 20:00 20:30 - 00:00	Breakfast in hotel Tour to the Sanatoriums of Jermuk Lunch in Armenia hotel Transfer to Yerevan Check-in in Yerevan Hotel/ "Caucasus" / "Cascade" / free time Gala-dinner with show program in Caucasus Restaurant Overnight in Yerevan
Day 7	8th October
09:00 - 11:00 12:00	Breakfast in hotel Check-out from hotel According to flight schedule transfers to Airport

**WORLD FEDERATION OF
HYDROTHERAPY AND CLIMATOTHERAPY**

F E M T E C

Website: www.femteconline.org

Founded in 1937, FEMTEC (the World Federation of Hydrotherapy and Climatotherapy) gathers the public and private institutions that represent Thermal Establishments in the respective Countries. At present it has more than 30 member Countries (either statutory or affiliated).

FEMTEC, based in Italy, is the **only** non-governmental organization (NGO) in the sector entertaining official relations (accreditation) with the **World Health Organization (WHO)**.

The main purposes of the Federation include:

- representing and promoting world hydrotherapy before the different national and international institutions;
- promoting international cooperation;
- promoting shared studies, research, training, and experience in the sector.

FEMTEC has several Commissions (Medical, Tourism & Health, Technical, Economy & Technological Innovation, SPA Management, International Business Office) and a number of sub-commissions (Integrated Thermal Medicine, Complementary Medicine, Scientific Research) operating in the medical, economic, technical, and social sectors.

Institutional relations are also in place between the Federation and the European SPA Association (**ESPA**), the World Tourism Organization (**WTO**), the International Society of Medical Hydrology (**ISMH**), and the Global Wellness Institute (**GWI**), as well as other outstanding international organizations.

Its President is Professor Umberto Solimene (Italy) from the Milan University, one of the highest representatives of World Hydrotherapy.

FEMTEC has 4 permanent Training Centres: Italy (www.thermaecampus.it); Russia (in cooperation with the International Russian Academy of Tourism, www.rmat.ru); China (in cooperation with CHTA, <http://www.femteconline.org>); Tunisia (in cooperation with the Ministry of Health <http://www.thermalisme.nat.tn/>).

For information:

Ms. Natalia Chaurskaya, email: natmo@mail.ru (russian, french)

Ms. Simona Busato, email: simona.busato@libero.it (english, italian)