



**Ministry of Health Care of Russia
Russian Scientific Center for Medical Rehabilitation and Balneology**

Information letter

Dear colleagues!

We are honored to invite you to

II International Congress "Health Resort-and-Spa Treatment"

March 17-18, 2016

Cosmos Hotel, 150, Prospect Mira, Moscow, Russia

www.kurortcongress.ru

The congress provides a multidisciplinary approach to the aspects of the preventive treatment of socially significant diseases; occupational therapy; rehabilitation; climatotherapy; improvement of nation's health status and quality of life by changing the structure and the potential of health resort treatment system of Russia.

The program of the event will consist of interactive presentations of high-technology medical equipment designed by leading global producers, topical exhibitions, seminars and workshops. The topics will include professional education and human resources.

The Congress is included in the plan of research and practice events compiled by the Russian Ministry of Health for 2016. Over 1 200 delegates from different regions of Russia and CIS countries are expected to take part in the Congress.

The program will be organized along the following themes:

1. Fundamentals of balneology:

Up-to-date balneology research regulations, protocol development and implementation, international scientific publications of the research data, multidisciplinary prospective studies management

2. Balneo- and hydrotherapy:

Fundamentals of use, therapeutic effect, experimental and clinical study, evidentiary and personified approaches, innovations and research

3. Peloids and healing muds:

Properties, typology, sanitary aspects of use, certification of peloids quality and utilization protocols, environmental protection and rational use of natural resources, medical evidences and clinical advances on peloids' benefits, innovations in progress

4. Natural Mineral Waters:

Characterization, properties, applications, hydrogeology, hydrochemistry and aquifers protection

5. Medical climatology:

Drug-free weather-sensitive disease preventive measures, information analysis weather medical

forecasting systems, global climate change and human health

6. Instrumental physiotherapy and exercise therapy used in sanatorium-and-spa treatment and rehabilitation:

Evidentiary physiotherapy, innovative technologies and methodological approach in exercise therapy, topical issues and development prospects in the modern context

7. Legislative and regulatory issues of health resort business, health resort business development methods in the modern context:

Regulatory issues of sanatorium-resort facilities development and management, legislative and regulatory issues of providing health resort treatment and rest to the different categories of citizens of Russian Federation, sanatorium-resort facilities system development achieved through the appliance of innovative medical technologies

8. Innovative trends of up-to-day balneology:

Aquatic therapy, thalassotherapy, health and well-being tourism, active wellness, spa, dietotherapy, art therapy

Congress Participation forms:

- Plenary lecture
- Lecture
- Poster paper session
- Electronic publication of thesis

Participation in the Congress is free of charge.

The language of the Congress is Russian (with English translation).

If you would like to participate in the Congress, we need your application **before 25 of February, 2016.**

Online registration on www.kurortcongress.ru is obligatory.

We accept the applications for holding the round-table conferences and workshops.

We accept theses before 25 of January, 2016.

Leading specialists in the field of balneology, rehabilitation, cardiology, pediatrics, urology, dermatovenerology, gynecology, physical therapy, exercise therapy, massage and sports medicine have been invited to give keynote addresses at the Congress.

The participation of speakers from the leading scientific research institutes, rehabilitation centers, sanatorium-and-spa institutions from different regions of Russia and foreign countries is anticipated within the Congress.

A comprehensive exhibition will form an integral part of the Congress. Up-to-day balneology equipment, swimming pools, wellness technologies, classic physiotherapeutic equipment, products and equipment for mud therapy, hydrotherapy, kinetotherapy, wellness and SPA, modern centers of balneology and hydrotherapy, spa & rehabilitation centers, modern medicines, therapeutic nutrition, mineral water, etc. will be exposed during the Congress.

Some of the events of the Congress will be webcasted online.

Respectfully yours,

**Director of Russian Scientific Center
for Medical Rehabilitation and Balneology
of Health Care Authority of Russia**

M.D., Professor



M. Gerasimenko